

Spring Break!

Spring break has arrived! We are wishing all staff, students, and families a very deserving and well-earned break. We want to remind you of things to keep in mind:

Keep Our Communities Safe

As of April 8, 2021, a stay-at-home order is in effect for all of Ontario.

- You are not allowed to gather indoors with anyone you do not live with
- Outdoor gatherings are limited to a maximum of 5 people, except for gatherings with members of the same household (the people you live with)
- · If you live alone, you can have close contact with only one other household
- Work from home if possible, and allow employees to work from home if they can
- You should not travel outside your region or the province unless absolutely necessary

Do not gather, visit or have close contact with people you don't live with. Carpooling, hanging out on the same couch, sharing a meal around the same table, being close than 2 metres with someone, are all examples of close contact activities. Only do these things with people you live with. You should only go out for necessities: going to the grocery store or pharmacy, accessing health care services (including getting vaccinated), for outdoor exercise, or for work that cannot be done remotely.

Top Actions for All Families and Households

- Avoid all travel, except for essential reasons. Travelling increases your chance of getting and spreading COVID-19
- <u>Continue screening for symptoms</u> of COVID-19 every morning
- Should you develop symptoms of COVID-19, isolate and book an appointment to get tested immediately. Household members must also stay home and isolate until the test is confirmed negative for COVID-19
- Staying home is still the best way to protect yourself and others. You are strongly advised to:
 - Stay home and in your community as much as possible
 - Avoid social gatherings
 - Limit close contacts to your household
 - Maintain physical distancing (2 metres/6 feet) from others
 - Wear a mask, wash your hands, practice respiratory etiquette, and avoid touching vour face