



Municipality of Wawa 2010 Summer Programs



Softball

Date: July 7th – August 26th
 Time: Ages 10-12 @ 6:00p.m. – 7:00p.m.
 Ages 13-15 @ 7:00p.m. – 8:00p.m.
 Wednesdays and Thursdays
 Location: Baseball diamonds at the Community Centre
 Cost: \$40.00 (plus HST for 14 + yrs)

Sign up for our new youth softball league! It will be 8 weeks long with playoffs during the last 2 weeks. Takes place every Wednesday and Thursday. It will be a mixed league of boys and girls.



Kayaking

Date: July 12th – 15th
 Time: 6:30p.m. – 8:00p.m.
 Ages: 8-14 yrs.
 Location: Wawa Lake Front
 Limit: 12 participants
 Cost: \$45.00 (plus HST for 14+ yrs)

This program is a great learning experience! It will be taught by qualified instructors from Naturally Superior Adventures. You will be taught the basic safety, skills, games and touring.



Dry Land Training

Date: August 16th – 26th
 Monday through Thursday for 2 weeks
 Time: Ages 9-11 @ 6:30p.m. – 7:30p.m.
 Ages 12-15 @ 7:30p.m. – 8:30p.m.
 Location: Location will vary
 Cost: \$40.00 (plus HST for 14+ yrs)
 Instructor: Tanya Lamon

New dry land training program is being held to give the young athletes in Wawa the opportunity to improve their athletic skills. Includes agility ladder, running parachute, resistant bands, and many exciting drills! Come on out and get in shape for the upcoming hockey season! It's a great program for all amateur athletes!



Art Class

Date: August 30th – September 2nd
 Time: 1:00p.m. – 4:00p.m.
 Location: Wawa Community Centre
 Cost: \$15.00 per 3 hour class
 (Includes instruction and supplies)
 Sign up for a combination of
 1,2,3 or 4 afternoons @ \$15.00 each!!
 Instructor: Heather Sinnott

For kids from 7-12 years old (8 and under must be accompanied by an adult). Four afternoons of art classes featuring acrylic painting, drawing, Paper Mache, kites and creative design. Come paint! Create a creature. Design a great idea! New concept and a little art history lesson everyday too. You will love it!

***Adult Summer Programs and Triathlon
 details on the back of this sheet.
 For further information, please contact
 Tanya at 856-2244 ext 240***





Adult Kayaking

Date: July 19th – 22nd
 Time: 6:30p.m. – 8:00p.m.
 Ages: 18 + yrs
 Location: Wawa Lake Front
 Limit: 12 participants
 Cost: \$45.00 (plus HST)

This program is a great learning experience! It will be taught by qualified instructors from Naturally Superior Adventures. You will be taught the basic safety and skills, and will also do some touring.



Adult Art Class

Date: August 30th – September 1st
 Time: 6:30p.m. – 9:00p.m.
 Location: Wawa Community Centre
 Cost: \$15.00 (plus HST) for 2.5 hours (Includes instruction & supplies)
 Sign- up for any combination of 1,2 or 3 evenings @ \$15.00 (plus HST) each!!
 Instructor: Heather Sinnott

Three evenings of art classes featuring Acrylic/water colour painting. Paper Mache design projects and more! For both new and experienced. You will have fun and learn a lot. Students will be taught basics of painting, have the option of Paper Mache and other design projects. The old hands will be given new ideas to design and create! Come for 1,2, or 3 evenings.



Fourth Annual Triathlon & Duathlon Tuesday, August 10th, 2010 Dr. Rose Beach Front



Youth Triathlon

Age Group: 7-12 yrs (Kids) – Cost: \$10/person or \$30/team
 13-17 yrs (Juniors) – Cost: \$15/person or \$45/team (plus HST for 14 + yrs)
 Time: Registration begins at 4:15p.m.
 Race begins at 5.00p.m.

-100m swim
 -2km run/walk
 -5km bike
 -Individual/Team



Adult Sprint

Ages: 18 + yrs - Cost: \$20/person or \$60/team (plus HST)
 Time: Registration begins at 4:45p.m.
 Race begins at 5:30p.m.

- 350m swim
 - 20km bike
 - 5km run/walk
 - Individual/Team



Family Triathlon

Cost: Kids- \$10/person or \$30/team, Juniors - \$15/person or \$45/team
 Adults - \$20/person or \$60/team
 Plus HST for 14 + yrs
 Ages: 7 + yrs
 Time: Registration begins at 5:15p.m.
 Race begins at 6:00p.m.

-100m swim
 - 5km bike
 -2km run/walk
 - Team event only



Duathlon

Ages: 18 + yrs - Cost: \$20/person or \$60/team (plus HST)
 Time: Registration begins at 4:45p.m.
 Race begins at 5:30p.m.

- 5km run
 - 30km bike
 - 5km run
 - Individual/Team

***Come register for some fun and exciting new summer programs!!!
 Registration will be accepted at the Community Centre Pro-Shop
 Monday through Thursday 12:00 noon to 4:00p.m.
 For further information, please contact Tanya at 856-2244 ext 240.***